

Hommes	Seniors		Juniors		Cadets 2		Cadets 1		Minimes 2		Minimes 1	
	Grilles 2000/2004	Grilles 2005/2008	Grilles 2000/2004	Grilles 2005/2008	Grilles 2000/2004	Grilles 2005/2008	Grilles 2000/2004	Grilles 2005/2008	Grilles 2000/2004	Grilles 2005/2008	Grilles 2000/2004	Grilles 2005/2008
50 NL	26''92	26''80	26''97	27''08	27''72	27''85	27''72	28''16	29''07	29''16	29''07	30''10
100 NL	59''57	58''96	59''67	59''58	1'01''32	1'01''26	1'01''32	1'01''97	1'04''32	1'04''16	1'04''32	1'06''22
200 NL	2'10''57	2'09''89	2'10''80	2'11''26	2'14''41	2'14''97	2'14''41	2'16''51	2'20''98	2'21''36	2'20''98	2'25''88
400 NL	4'40''66	4'36''81	4'40''23	4'39''71	4'47''93	4'47''62	4'47''93	4'50''90	5'02''09	5'01''24	5'02''09	5'10''87
800 NL	9'46''29	9'34''43	9'45''42	9'40''47	10'01''51	10'00''26	10'01''51	10'07''16	10'31''07	10'25''12	10'31''07	10'56''18
1500 NL	18'30''71	18'15''63	18'29''05	18'27''15	18'59''54	18'58''43	18'59''54	19'11''45	19'55''53	19'52''32	19'55''53	20'30''46
50 DOS	30''52	31''40	30''58	31''74	31''43	32''80	31''43	33''18	32''97	34''15	32''97	35''46
100 DOS	1'07''71	1'06''69	1'07''62	1'07''40	1'09''47	1'09''29	1'09''47	1'10''09	1'12''88	1'12''58	1'12''88	1'14''89
200 DOS	2'26''50	2'24''68	2'26''27	2'26''20	2'30''30	2'30''16	2'30''30	2'32''05	2'37''68	2'37''45	2'37''68	2'42''48
50 BRA	33''38	33''84	33''44	34''19	34''38	35''35	34''38	35''75	36''05	36''80	36''05	38''20
100 BRA	1'16''01	1'13''76	1'15''90	1'14''54	1'17''98	1'17''08	1'17''98	1'17''96	1'21''82	1'20''27	1'21''82	1'22''84
200 BRA	2'43''88	2'39''03	2'43''64	2'40''70	2'48''13	2'46''18	2'48''13	2'48''09	2'56''39	2'53''07	2'56''39	2'58''60
50 PAP	28''60	29''02	28''65	29''32	29''46	30''32	29''46	30''66	30''89	31''57	30''89	32''76
100 PAP	1'05''41	1'04''11	1'05''32	1'04''79	1'07''11	1'07''00	1'07''11	1'07''76	1'10''40	1'09''77	1'10''40	1'12''00
200 PAP	2'24''61	2'23''20	2'24''40	2'24''70	2'28''36	2'28''79	2'28''36	2'30''50	2'35''65	2'35''84	2'35''65	2'40''83
200 4N	2'29''14	2'26''63	2'28''92	2'28''18	2'33''02	2'32''36	2'33''02	2'35''10	2'40''53	2'39''57	2'40''53	2'44''68
400 4N	5'16''47	5'10''03	5'16''00	5'13''30	5'24''68	5'23''98	5'24''68	5'27''70	5'40''64	5'37''39	5'40''64	5'48''18

Femmes	Seniors		Juniors		Cadettes 2		Cadettes 1		Minimes 2		Minimes 1	
	Grilles 2000/2004	Grilles 2005/2008	Grilles 2000/2004	Grilles 2005/2008	Grilles 2000/2004	Grilles 2005/2008	Grilles 2000/2004	Grilles 2005/2008	Grilles 2000/2004	Grilles 2005/2008	Grilles 2000/2004	Grilles 2005/2008
50 NL	30''68	30''96	30''98	31''63	31''09	31''80	31''09	31''99	31''88	32''53	31''88	33''29
100 NL	1'07''09	1'06''78	1'07''73	1'08''22	1'07''97	1'08''61	1'07''97	1'08''99	1'09''72	1'10''17	1'09''72	1'11''82
200 NL	2'24''62	2'23''76	2'26''01	2'26''89	2'26''52	2'27''71	2'26''52	2'28''53	2'30''28	2'31''08	2'30''28	2'34''62
400 NL	5'08''91	5'02''19	5'10''88	5'07''11	5'13''91	5'10''57	5'13''91	5'12''32	5'23''03	5'15''89	5'23''03	5'25''17
800 NL	10'30''97	10'21''98	10'34''99	10'32''11	10'41''18	10'39''22	10'41''18	10'42''83	10'59''82	10'50''21	10'59''82	11'09''29
1500 NL	19'57''72	19'41''31	20'05''39	20'07''13	20'17''22	20'07''27	20'17''22	20'14''05	20'52''47	20'41''97	20'52''47	21'03''75
50 DOS	34''93	35''68	35''27	36''44	35''40	36''65	35''40	36''86	36''32	37''49	36''32	38''37
100 DOS	1'16''08	1'15''42	1'16''56	1'16''66	1'17''30	1'17''09	1'17''30	1'17''51	1'19''55	1'19''29	1'19''55	1'20''68
200 DOS	2'41''67	2'40''19	2'42''70	2'43''81	2'44''29	2'44''73	2'44''29	2'45''65	2'49''07	2'49''47	2'49''07	2'52''43
50 BRA	38''09	38''77	38''46	39''61	38''60	39''84	38''60	40''05	39''60	40''75	39''60	41''70
100 BRA	1'25''22	1'24''21	1'25''77	1'25''58	1'26''60	1'26''05	1'26''60	1'26''54	1'29''12	1'28''53	1'29''12	1'30''09
200 BRA	3'02''66	3'01''92	3'03''82	3'04''89	3'05''62	3'05''92	3'05''62	3'06''97	3'11''01	3'11''27	3'11''01	3'14''62
50 PAP	32''48	33''01	32''80	33''73	32''92	33''92	32''92	34''11	33''77	34''70	33''77	35''51
100 PAP	1'13''50	1'12''98	1'13''97	1'14''17	1'14''70	1'14''58	1'14''70	1'15''00	1'16''86	1'16''73	1'16''86	1'18''07
200 PAP	2'40''08	2'40''04	2'41''10	2'42''66	2'42''66	2'43''57	2'42''66	2'44''49	2'47''39	2'48''26	2'47''39	2'51''22
200 4N	2'45''30	2'43''86	2'46''36	2'46''52	2'47''98	2'47''46	2'47''98	2'48''39	2'52''86	2'52''26	2'52''86	2'55''28
400 4N	5'47''43	5'45''88	5'49''64	5'51''52	5'53''05	5'53''49	5'53''05	5'55''47	6'03''32	6'03''64	6'03''32	6'12''20