

NATATION COURSE

GRILLES DE QUALIFICATION NATIONALES 2009-2012

Nationale 2 - Dames	
50 M NAGE LIBRE	00:28.47
100 M NAGE LIBRE	01:01.74
200 M NAGE LIBRE	02:12.92
400 M NAGE LIBRE	04:37.91
800 M NAGE LIBRE	09:32.01
50 M DOS	00:32.80
100 M DOS	01:09.37
200 M DOS	02:28.24
50 M BRASSE	00:35.65
100 M BRASSE	01:17.44
200 M BRASSE	02:47.31
50 M PAILLON	00:30.36
100 M PAILLON	01:07.11
200 M PAILLON	02:27.19
200 M 4 NAGES	02:30.69
400 M 4 NAGES	05:18.10

Nationale 2 - Messieurs	
50 M NAGE LIBRE	00:24.64
100 M NAGE LIBRE	00:54.22
200 M NAGE LIBRE	01:58.80
400 M NAGE LIBRE	04:13.17
1500 M NAGE LIBRE	16:47.51
50 M DOS	00:29.03
100 M DOS	01:01.33
200 M DOS	02:13.04
50 M BRASSE	00:31.28
100 M BRASSE	01:07.83
200 M BRASSE	02:26.24
50 M PAILLON	00:26.83
100 M PAILLON	00:58.96
200 M PAILLON	02:11.68
200 M 4 NAGES	02:14.84
400 M 4 NAGES	04:45.10

Championnats Jeunes		
Filles	JN 18-20 ans	CN2 13-17 ans
50 M NAGE LIBRE	00:28.14	00:28.76
100 M NAGE LIBRE	01:00.50	01:01.82
200 M NAGE LIBRE	02:11.13	02:14.01
400 M NAGE LIBRE	04:36.37	04:42.43
800 M NAGE LIBRE	09:25.68	09:38.10
1500 M NAGE LIBRE	17:59.26	18:22.94
50 M DOS	00:31.85	00:32.55
100 M DOS	01:08.05	01:09.54
200 M DOS	02:25.72	02:28.92
50 M BRASSE	00:35.12	00:35.89
100 M BRASSE	01:16.59	01:18.27
200 M BRASSE	02:44.49	02:48.10
50 M PAILLON	00:29.37	00:30.02
100 M PAILLON	01:05.61	01:07.05
200 M PAILLON	02:25.33	02:30.82
200 M 4 NAGES	02:28.55	02:31.81
400 M 4 NAGES	05:09.17	05:19.94

Championnats Jeunes		
Garçons	JN 18-20 ans	CN2 13-17 ans
50 M NAGE LIBRE	00:24.27	00:25.17
100 M NAGE LIBRE	00:53.42	00:55.40
200 M NAGE LIBRE	01:56.66	02:00.99
400 M NAGE LIBRE	04:10.97	04:20.29
800 M NAGE LIBRE	08:42.20	09:01.58
1500 M NAGE LIBRE	16:32.31	17:09.14
50 M DOS	00:28.34	00:29.39
100 M DOS	01:00.29	01:02.53
200 M DOS	02:12.52	02:17.44
50 M BRASSE	00:30.65	00:31.79
100 M BRASSE	01:06.82	01:09.30
200 M BRASSE	02:26.24	02:31.59
50 M PAILLON	00:26.15	00:27.13
100 M PAILLON	00:57.91	01:00.06
200 M PAILLON	02:10.14	02:14.97
200 M 4 NAGES	02:13.53	02:18.49
400 M 4 NAGES	04:41.91	04:52.38